React components – The building blocks of an app. They’re functions that return JSX. So, you can write what a header for your app would look like to create a header component that you can reuse without having to rewrite everything.

Fragments – Fragments let you group multiple elements together without adding an extra tag to the DOM. This keeps everything tidy as before, using divs would essentially be like a Russian doll of folders, where the component you’re looking for is hiding in a maze of divs.

UseState Hook – useState lets you change the state of a variable depending on a user’s actions. In the video she displays the current “emotion” and creates buttons to change the state of that emotion. It starts out as happy but when she clicks the “sad” button, the emotion’s state changes to sad.

UseEffect – useEffect lets you use side effects in your components. In the videos, she uses useEffect to keep track of the changing emotion states and display them once, rather than having them repeat when any changes happened.